

Assisted Living Options

There are so many resources available for senior care it can be hard to know where to begin. Our free service can help you navigate through the maze of options available in care settings, services and costs to find the right fit for your loved one.



We Can Help

When you are ready to learn more about the resources available, allow Assisted Living Options to be your first contact in finding the right fit for your unique situation.

- In-home Care
- Retirement Communities
- Assisted Living
- Adult Family Homes
- Dementia Care
- Skilled Nursing Care

Call us at 360-350-0552 or toll-free 877-705-1359



Navigating your way thru the options of assisted living can be challenging

Assisted Living
OPTIONS

PO Box 294,
East Olympia WA 98540-0294

Assisted Living Options

Simplifying the Search for Senior Housing and Care Services



Our services are free to individuals who:

- *Are able to pay privately.*
- *Qualify for veterans benefits.*
- *Have long-term care insurance.*

If you require Medicaid assistance our services are available on an hourly basis.

Family Meeting

We begin with a personal meeting to become familiar with your needs and desires. You can ask lots of questions and help us to understand your lifestyle preferences.

Next, we check the availability of your preferred locations. We will only recommend accommodations that we have visited in person and that meet our high standards. They must be a match for your needs and desires.



Visit Together

We schedule tours of your top three or four options and will gladly accompany you on the tours. During the tours we will ask questions that you may not think of and can help keep track of the details from each community.

A Confident Decision

If desired, we can prepare a comparison of the advantages of each location so that you and your family can make an informed and confident decision.



We will meet with you and discuss the options that provide the best balance of features, pricing and convenience

We are here to help

Nancy Watkins has spent six years serving seniors and their families, representing assisted living communities and working with other long-term care providers in Washington. She developed the first state-specific and Aging and Disability Services Administration approved comprehensive training program for managers of assisted living communities and helped to rewrite Washington's



I understand the challenges of finding affordable and quality care.

assisted living regulations to better serve its seniors. When her mother fell and broke her hip, Nancy experienced first hand the challenges of finding the best care setting available for her mom. She decided then that she wanted to help others find the right fit for their unique needs too.



For more information call 360-350-0552 or toll-free 877-705-1359